



*Rotary Club of Mount Clemens ~ The Spokesperson*

Minutes of October 13, 2022 Meeting by Glenn Burton

## **OPENING ACTIVITIES**

The October 13, 2022 meeting of the Mount Clemens Rotary commenced at 12:15 sharp by President **Scott Chabot** clanging the bell.

Right from the start Pres. Scott announce a change in format due to our speaker, Ann Marie Carufel of PACE, need to exit early. **Jessica Johnson** led us the national anthem and Pledge. With no Piano Gary present, we sang a capella actually quite well!

**Sam Wireman** led us through “The Four-Way Test.” **Sarah Lee** gave a very spiritual invocation of counting our blessings of the joys of being a Rotarian.

Tina and the IACC team presented us a meal of BBQ pork, garlic mashed spuds, broccoli, corn bread, salad, and coffee for dessert.

## **PRESIDENT’S ANNOUNCEMENTS**

Announcements were of the Santa Parade on November 19 in downtown Mount Clemens and Packing for the Troop at Fern Hill, next week of which **Christine LaTour** is heading up.

## **GUEST & SPEAKER**

Our only guest for the day was our speaker.

After our repast, Pres. Scott introduced Ann Marie from PACE.

PACE is an in-home health care program that tries to keep the elderly in their present home by providing services at the individual’s home rather than becoming a resident in a care facility. PACE, which started in 1994, through the Henry Ford Health System has seven regional offices. The cost of which can be provided through Medicare / Medicaid as long as the individual meets certain income and net worth requirements. The criteria that one meets is: you must be at least 65 years old, live in the SE Michigan area, be eligible for nursing care as certified by the State of Michigan and be able to safely live in your home. A full body exam is performed at one of the local PACE agencies and can provide vision and dental service along with physical therapy. Going to the PACE facilities also provide social interaction, breakfast and lunch five days a week. Between the seven offices, PACE can meet the demand of up to 2,400 patients. Enrolling in the program may cause an individual to have to change their care doctor.

## FLOWERS & ANNIVERSARY

\*\*\* **Sam** announced no birthdays or anniversaries but **Kim Jarvis** had a two-year club anniversary. The flowers for Pres. Scott to our speaker, **Ken Steele** to Sam, **Ed Mastry** to partner-in-crime Ken S. Sam buttered up Recognizer **Nancy D**, and Pres. Scott passed one to **Jessica J**.

\*\*\* Nancy D had **Christine L** mention the Packing for Troops -- of which Ken S is already a donor -- next week.

\*\*\* We are waiting on the “Spooktacular” for details.

\*\*\* Salvation Army Bell ringing will be 12/3 at the Kroger at Card Road. A signup sheet was passed around.

\*\*\* Nancy is starting a Rotary International project in Guatemala for next year and a written request is needed donation.

\*\*\* Tom Walsh mentioned on 10/26 there will be a PolioPlus event 4-7 p.m.

\*\*\* On 11/9, the Mount Clemens YMCA is having a Health & Fitness event at the Y from 4-9 p.m.

## RECOGNITION

Nancy D’s recognition was very benevolent in only charging \$1 for most fines. The first table couldn’t come up with three projects we have done in the past. Lack of a pin cost several members \$1. **Tom Davies** FL rental cost a \$1. **Pierson’s** hunting / tree climbing, and no music, nicked him \$2.

## 50/50

Pres. Scott won the 50/50 of a whopping \$40.

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## EVENTS

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OCTOBER 20

6380 District Governor elect Collyer Smith  
counselor Rebecca Trowse

**DON'T BOTTLE IT UP**

Rotary District 6380 | Rotarians 4 Mental Health

**“I’m not afraid to speak up – Neither should you”**

Collyer A. Smith, Rotarian  
Rotary Club of Ann Arbor, USA,  
Mental Health Chair, Rotary District 6380

Approximately 1 in 4 people officially suffer with some form of mental illness and due to Covid this is rising. In reality, almost everyone will encounter a mental health issue either directly or indirectly at some point in their lives. Even if you're not in the 25% directly affected, help break the taboo of Mental Health

**STIGMA ENDS WITH me**

**MENTAL HEALTH AWARENESS**

Don't suffer in silence.  
#dontbottleitup

In addition to Rotary's efforts to eradicating Polio, this month is Mental Health Awareness month. This Thursday, at our October 20th club meeting, PE Elect Sam Wireman has invited Professional Counselor, Rebecca S. Trowse MA, LPC, NCC, BCPC, to speak to our club about maintaining positive health and how we can mitigate adverse issues that affect us and our mental well-being.

As part of the speaking program, we also have a special guest visitor, Rotary 6380 District Governor-Elect, Collyer Smith, to do an introductory segment on Mental Health Awareness. Collyer's mission with Rotary is to address the realities of how negative mental health is affecting our society and what can be done to help those who are in need of assistance and useful coping skills.

I hope to see all available Rotarians this Thursday for this great dual (30-minute total) presentation!

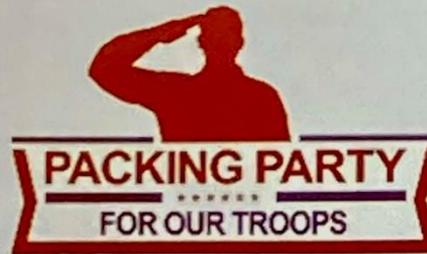
**P.S. Volunteers are still needed for the Packing for the Troops event on 10/20 at Fern Hill and our Happy Hour/Polio fundraiser event is on 10/26 from  
pm at Orleans Bar and Grill...**

**Scott J. Chabot**

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**OCTOBER 20**

**Packing Party for the Troops at Fern Hill, 6 p.m.**



SCAN FOR EVENT INFO



**DROP OFF YOUR DONATIONS AT**

**FERN HILL GOLF CLUB**  
**17600 CLINTON RIVER RD | CLINTON TWP, MI 48038**

**Sept 19 | 5-7 pm or drop off & join on Oct 20 | 6 pm**

**CAN't drop off? Scan the QR code above  
to check out our on-line donation items**

**TOP REQUESTED ITEMS**

**FOOD PRODUCTS**

- Pop-Tarts
- Beef jerky
- Ramen noodles
- Granola bars
- Tuna packets
- Canned chicken
- Ind Oatmeal packets
- Fruit cups
- Protein bars
- Slim Jims
- Mac 'n Cheese cups
- Cereal bars

**SNACKS**

- Rice Krispy treats
- Pringles
- Licorice
- Lifesavers
- Pretzels
- Tootsie rolls
- Cookies
- Sunflower seeds
- Pumpkin seeds
- Nuts / trail mix
- Gum / mints
- Hard candy

**BEVERAGES**

- Ind Hydration mixes
- Kool-Aid packets
- Tea /Hot Chocolate
- Instant coffee
- Gatorade
- Energy drinks
- Crystal Light packets
- MIO water enhancer

**PERSONAL ITEMS**

- Baby wipes
- Razors
- Toothbrushes
- Neck coolers
- Blank greeting cards
- Stick deodorant
- Toothpaste
- Hand/foot warmers
- Moleskin pads
- Travel size lotion
- Q-tips
- Moleskin pads
- Small Ziplock bags
- Menstrual pads
- Travel size shampoo
- Chap Stick
- Socks
- Tampons
- Blister pads
- Travel size conditioner

**RECREATION**

- Frisbees
- Puzzle books
- Footballs
- Activity books
- Soccer balls
- Playing cards

**THANK YOU for your support!**

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**OCTOBER 24  
WORLD POLIO DAY**

<https://www.rotary.org/en/watch-world-polio-day-2022-and-beyond>

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**OCTOBER 26  
Happy Hour Social Gathering**

**and PolioPlus fundraiser  
Orleans Pub**

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**OCTOBER 27  
Raise money for PolioPlus**



**FOUNDATION AND MEMBERSHIP GALA**

**Saturday | November 5, 2022 | 5:30-10pm**

**Suburban Collection—Platinum Room | Novi**

**Strolling Dinner • Entertainment**

**Silent Auction • Cash Bar**

**\$60 per person | Register Today**

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NOVEMBER 19

Santa Parade downtown Mount Clemens



OCTOBER IS



## ECONOMIC & COMMUNITY DEVELOPMENT MONTH

*70% of the world's poorest people live in rural areas and depend on agriculture and related activities for their livelihood.* -Rotary International



Rotary

[www.rotary.org](http://www.rotary.org)



**IMAGINE**  
COLLABORATION  
**DISTRICT**  
CONFERENCE  
MAY 5-7, 2023

**Rotary**  
Districts 6380 & 6400



**CAESARS**  
WINDSOR  
RESORT & CONVENTION CENTRE



Board:

President - Scott Chabot  
Secretary - Stephanie Mirabile  
Treasurer - Jessica Johnson  
President Elect - Sam Wireman  
President Nominee - Kathleen Best

Director at large - Kim Jarvis  
Director at large - Tom Welsh  
Director at large - Doug Norris  
Director at large - Christine LaTour  
Past President - Jeff Furest

Committee Chairs:

Recognition - Ryan Murphy  
Bulletin - Larry Neal  
Music - Amanda Oparka  
Guests and Visitors - Kathleen Best  
Invocation - Sarah Lee  
Anniversaries/Birthdays - Louise Rallis  
Meeting Photos - Valerie Miller  
Website - Jeff Furest  
Social Media - Kathleen Best  
Club Administration - Sam Wireman  
Service Projects - Christine LaTour  
Membership - Kim Jarvis